

Supporting Schools through MTSS and Project AWARE

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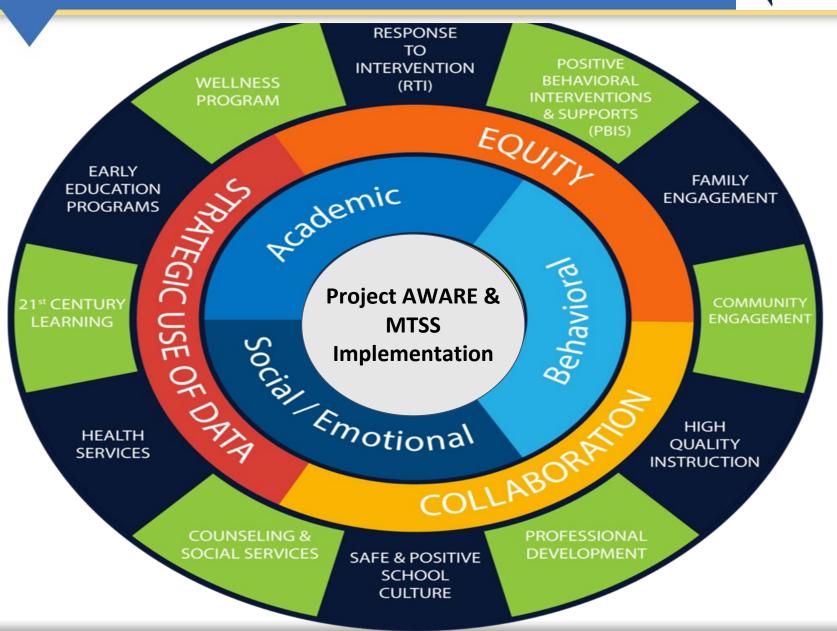
## What is Project AWARE?



- A 5-year grant program focused on promoting equity, restorative practices, cultural responsiveness, and social-emotional learning (SEL), and mental health awareness.
- Will enable the increased access to mental health professionals, clinical health specialists, and related community partnerships for SPCSA schools.
- Will provide access to support in implementing a Multi-Tiered System of Support (MTSS) for interested schools.
- Will be supported by a contracted project manager and project facilitator.

## What Does it Look Like?





## **Project AWARE Strategies**



**Strategy 1:** Integrate mental wellness promotion, restorative practices, youth and family voice, and social emotional strategies into existing tier one/universal services.

**Strategy 2:** Build and integrate the capacity of school-based behavioral health specialists (psychologists, advance practice nurses, counselors, social workers, and behavioral analysts), to screen for, provide early intervention for, and to address any ongoing mental health needs.

**Strategy 3:** Strengthen school-community partnerships with a goal of comprehensive integrated referrals (including crisis and recovery), shared case planning, services and supports for students.

**Strategy 4:** Increase and improve access to culturally competent and developmentally appropriate school and community-based mental health services, particularly for all children and youth including those experiencing more intensive mental health challenges.

## What will this mean for schools next year?



- Provide schools access to initial trainings
  - mental health awareness
  - social-emotional learning
  - restorative practices
  - trauma informed care and instruction
  - cultural competence
  - suicide prevention
  - bully prevention
- Support interested schools in developing community partnerships for clinical services
- Support 10-20 school campuses with the implementation of Multi-Tiered Systems of Support (MTSS)
- Initiate a Project Aware steering committee made up of school staff



Closing Comments and Questions

